

**FORM D -- Health Practitioner, please refer to the letter & references provided on Form C.  
NIAA PRE-PARTICIPATION PHYSICAL EVALUATION**

PHYSICAL EXAMINATION

DATE OF EXAMINATION: \_\_\_\_\_

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ % BODY FAT (optional): \_\_\_\_\_ PULSE: \_\_\_\_\_ BP: \_\_\_\_\_ / \_\_\_\_\_ ( \_\_\_\_\_ / \_\_\_\_\_ )

VISION: R 20/ \_\_\_\_\_ L 20/ \_\_\_\_\_ CORRECTED: Y / N PUPILS: Equal \_\_\_\_\_ Unequal \_\_\_\_\_

<u>MEDICAL</u>	<u>NORMAL / ABSENT</u>	<u>ABNORMAL FINDINGS</u>	<u>EXPLAIN</u>	<u>INITIALS</u>
Appearance				
Eyes/Ears/Nose/Throat				
Lymph Nodes				
Lungs				
Abdomen				
Genitalia (Males Only)				
Skin				
<u>CARDIOVASCULAR</u>				
Murmur that Increases From Supine to Standing				
Systolic Murmur Greater Than II/VI				
Any Diastolic Murmur				
Radial & Femoral Pulses				
<u>MUSCULOSKELETAL</u>				
Neck				
Back				
Shoulder / Arm				
Elbow / Forearm				
Wrist / Hand				
Hip / Thigh				
Knee				
Leg / Ankle				
Foot				
Stigmata of Marfan's Syndrome				

**CLEARANCE**

**CLEARED:** \_\_\_\_\_  
 Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_

**NOT CLEARED FOR:** \_\_\_\_\_ **REASON:** \_\_\_\_\_

**Recommendations:** \_\_\_\_\_

Name of physician (print/type): \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
 Street City State Zip Code

\_\_\_\_\_  
 Signature of Health Practitioner Date